

## Bathroom Task List

- ☐ Wipe/Clean Mirror
- ☐ Scrub Sink & Faucet
- ☐ Scrub/Wipe Counters
- ☐ Clean Tub/Shower Walls & Fixtures
- ☐ Wash Inside Toilet
- ☐ Scrub/Wipe Outside Toilet
- ☐ Wash Windows & Window Sills
- ☐ Sweep/Mop Floor
- ☐ Restock Supplies
- ☐ Take Out Trash
- ☐ Sweep/Mop Floor
- ☐ Change Towels
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Kitchen Task List

- ☐ Wipe Counters & Backsplash
- ☐ Clean Stove Top
- ☐ Wipe/Clean Out Small Appliances
- ☐ Wipe Down Large Appliances
- ☐ Scrub Sink
- ☐ Wipe Table
- ☐ Wash Fridge Surfaces
- ☐ Wash Windows & Window Sills
- ☐ Toss Expired Food from Pantry & Fridge
- ☐ Sweep/Mop Floors
- ☐ Take Out Trash
- ☐ Wash Trash Can
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Bedroom Task List

- ☐ Dirty Clothes in Hamper
- ☐ Clean Clothes Put Away
- ☐ Gather Trash & Toss
- ☐ Wash/Change Sheets
- ☐ Gather Misplaced Items
- ☐ Put Misplaced Items Away
- ☐ Dust Furniture & Walls
- ☐ Wash Windows & Window Sills
- ☐ Clean Mirrors & Glass Surfaces
- ☐ Vacuum or Sweep/Mop
- ☐ Take Out Trash
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Family/Living Room Task List

- ☐ Wipe/Dust All Areas
- ☐ Clean TV Screen & Glass Surfaces
- ☐ Vacuum Furniture
- ☐ Sweep/Mop or Vacuum Floor
- ☐ Spot Clean Walls
- ☐ Wipe/Dust Baseboards
- ☐ Clean Windows & Window Sills
- ☐ Straighten Media & Electronics
- ☐ Gather All Misplaced Items
- ☐ Put Away Misplaced Items
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Office Task List

- ☐ Spray\* Computer & Keyboard
- ☐ Wipe Monitor
- ☐ Wipe Down Other Electronics
- ☐ Wipe Down Desk
- ☐ Wash Windows & Window Sills
- ☐ Sort Inbox
- ☐ Sweep/Mop or Vacuum Floor
- ☐ Gather Misplaced Items
- ☐ Put Away Misplaced Items
- ☐ Empty Trash
- ☐ Straighten Desk
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Other Spaces Task List

- ☐ Wash Windows & Window Sills
- ☐ Wipe/Dust Hallways
- ☐ Spot Clean All Walls
- ☐ Clean Banister
- ☐ Wipe/Dust All Baseboards
- ☐ Vacuum or Sweep/Mop Stairs
- ☐ Vacuum or Sweep/Mop Other Areas
- ☐ Wipe/Clean Washer & Dryer
- ☐ Water Plants
- ☐ Gather & Put Away Misplaced Items
- ☐ Plan Meals for Week
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Daily Task List

- ☐ At Least One Load Laundry
- ☐ Wipe Counters
- ☐ Sweep Kitchen Floor
- ☐ Empty Trash
- ☐ Put Dishes Away
- ☐ Start a Wash of Dishes
- ☐ Make Beds
- ☐ Sort Incoming Paperwork
- ☐ Put Away Items Left on Floor
- ☐ Complete a Room Task List
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Monthly Task List

Date Completed

- ☐ \_\_\_\_\_ Organize a Cluttered Area
- ☐ \_\_\_\_\_ Dust Ceiling Fans
- ☐ \_\_\_\_\_ Clean Light Fixtures
- ☐ \_\_\_\_\_ Dust/Wipe Vents
- ☐ \_\_\_\_\_ Dust/Wipe Window Coverings
- ☐ \_\_\_\_\_ Clean Inside Oven
- ☐ \_\_\_\_\_ Clean Inside Microwave
- ☐ \_\_\_\_\_ Sweep Garage
- ☐ \_\_\_\_\_ Wash/Vacuum/Clean Cars
- ☐ \_\_\_\_\_ Wash Comforters
- ☐ \_\_\_\_\_ Polish Wood Furniture
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

## Fall Task List

Date Completed

- ☐ Change Filter on HVAC Unit
- ☐ Clean & Store Outdoor Toys
- ☐ Remove & Sort Wrong Sized Clothes
- ☐ Wash & Store Summer Clothes
- ☐ Wash Outside Windows
- ☐ Turn Off Outside Water
- ☐ Clean Behind Oven
- ☐ Apply Winter Fertilizer
- ☐ Wax/Seal Flooring
- ☐ Wash Area Rugs
- ☐ Clean Off Entry Mats
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

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## Winter Task List

Date Completed

- ☐ Change Filter on HVAC Unit
- ☐ Shampoo Carpet
- ☐ Clean Under Stove
- ☐ Shred "Expired" Docs
- ☐ Touch Up Paint on Walls
- ☐ Wax/Seal Flooring
- ☐ Wash Area Rugs
- ☐ Clean Off Entry Mats
- ☐ Clean Stove Hood & Exhaust
- ☐ Gather Unused Items for Sale or Donation
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

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## Spring Task List

Date Completed

- ☐ Change Filter on HVAC Unit
- ☐ Wash Outside Windows
- ☐ Apply "Weed & Feed"
- ☐ Turn Outside Water On
- ☐ Schedule Sprinkler System
- ☐ Clean Dryer Vents
- ☐ Wax/Seal Flooring
- ☐ Clear Gutters & Spouts
- ☐ Sort Clothes to Give Away
- ☐ Wash & Store Winter Clothes
- ☐ Wash Area Rugs
- ☐ Clean Off Entry Mats
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

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## Summer Task List

Date Completed

- ☐ Change Filter on HVAC Unit
- ☐ Clean Under Fridge
- ☐ Vacuum Fridge Coils
- ☐ Clean Out Medicine Cabinet
- ☐ Wax/Seal Flooring
- ☐ Wash Area Rugs
- ☐ Clean Off Entry Mats
- ☐ Wash Driveway & Walkways
- ☐ Replace Baking Soda in Fridge
- ☐ Defrost & Clean Freezer
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_
- ☐ \_\_\_\_\_

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